STROKE SURVIVOR
ART & MUSIC THERAPY WEBINARS

WEDNESDAY
DECEMBER 2, 2020
11:00 AM – 11:30 AM
Join Jason Wasiak as he hosts stroke survivors for an art therapy class featuring special craft pop up cards and a lesson in Tai Chi.

Materials Needed:
- Scotch Tape
- Scissors
- Construction Paper
- Pencil
- Pen
- Markers
Optional items: Ruler, Fun Stickers, Glitter Pens, Dried Leaves/Flowers, Ribbon, Photo of Choice, Wrapping Paper

CLICK HERE TO REGISTER

THURSDAY
DECEMBER 10, 2020
11:00 AM – 11:30 AM
Matt Mintz from H.O.P.E. Music Therapy will lead stroke survivors in a music class using materials right at home!

Materials Needed:
- Household Pot or Bowl
- Wooden or Cardboard Box
- Wooden spoon
- Whisk
Optional items: Drum and Drumsticks

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